

## Happy Witch

by Mandi Em

Happy Witch

Invite

joy and healing into your life using your own magic with this self-help guide from the author of *Witchcraft Therapy*, Mandi Em. Witchcraft is a practice where everyone can self-soothe and find their alignment again through performance, play, following impulses, and inviting joy into their lives. Beyond spell jars and candle magic, there's a whole world of uncommon ways to inject some childlike wonder and play therapy into your daily practice. Now you can pursue joy, healing, and fun, with this guide to finding happiness through magic, filled with straight-talk self-care advice backed up by magical spells, rituals, recipes, meditations, and more!

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